bridges
domestic & sexual violence support

IN-KIND DONATIONS

HOUSEHOLD ITEMS

- Cleaning products (Windex, floor cleaner, and bathroom cleaner)
- Dishwashing soap
- Laundry detergent
- Bath towels
- Paper towels
- Tissues
- Toilet paper
- Trash bags
- Bedding sets (Queen & Twin)
- Dish sets, cups, etc.

CLIENT SNACKS

- Water Bottles
- Granola Bars
- Small bags of pretzels
- Fruit snacks
- Small bags of crackers, goldfish, Cheez-its, etc.
- Peanuts, almonds, pistachios
- Trail mix
- Individual Apple Sauces, Raisins, & other Fruit-based Snacks

TOILETRIES

- Deodorant
- Hand and body soap
- Toothbrushes/toothpaste
- Mouthwash/dental floss
- Shampoo and Conditioner
- Body lotion
- Menstrual products
- Hair brushes/combs
- Wash clothes
- Facewash
- Disposable wipes
- Shaving cream
- Razors

CHILD COPING KITS

- Fidget spinners & other sensory toys
- Slime, play-doh, kinetic sand
- Tissue paper (bright colors!)
- Stones, rocks, magnets
- Small containers & memory boxes
- Coloring books
- Crayons, colored pencils, markers

ADULT COPING KITS

- Bath bombs
- face masks
- Lotion
- Fuzzy socks
- Grounding stones
- Adult coloring books
- Colored pencils
- Fidgets
- Memory boxes/gift bags

ADDITIONAL NEEDS

- Tracfones with accompanying minutes
- Gas cards
- Phone cards
- Gift cards (department stores, pharmacies, grocery, etc.)
- Nonperishable foods including: canned food, cereal, coffee/tea. pasta, rice, and sugar/flour

GET IN CONTACT:

Nashua Office
28 Concord Street
Nashua, NH 03064
(603) 889-0858

Milford Office
16 Elm Street, Ste. 2
Milford, NH 03055
(603) 672-9833

24-Hour Support Line
(603) 883-03044

www.bridgesnh.org

TOGETHER WE CAN & WILL END THE CYCLE OF VIOLENCE.