Building nonviolent communities since 1977

bridges
domestic & sexual violence support

# SUPPORT GROUP VOLUNTEER

**What to Expect:**

- Help to foster peer support and connection between survivors of domestic & sexual violence.
- Co-facilitate and participate in support groups and educate participants about coping skills as they continue their healing journeys.
- **Become certified as a Crisis Intervention Advocate through our 35-hour training program (Remote & In-Person Learning)**
- **Attend support groups on a weekly basis. Support groups are available to clients on a rolling basis.**
- Automatic eligibility for Outreach and Event Committee
- Monthly supervision, annual training, in-office opportunities, and an extensive shadowing period. **We support you as you support the community!**

**Requirements:**

- Desire to help and support others.
- Ability to "think on your feet."
- Available to attend support groups on a weekly basis for up to 10 weeks (groups are often held on weeknights)
- No experience necessary, just a desire to learn and challenge yourself.
- Uphold Bridges' Values and Commitments (link)
- Complete our 35-hour training and attend our in-person sessions over the course of two weekends!

**Next Steps:**

- Apply on our website by clicking here.
- Expect to hear back from our Volunteer Coordinator with next steps.
- Reach out to volcoord@bridgesnh.org with any questions or concerns!

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24 hour support line

603.883.3044